

Trauma-Informed Dialogue



A 2-day continuing professional development workshop for Open Dialogue Practitioners

With Dr Iseult Twamley & Rai Waddingham

In recent years there has been an increasing recognition of the high levels of trauma experienced by many of those seeking support in mental health and social care services. Against the backdrop of a global pandemic and two years of lockdowns and restrictions, many of us can also relate to a sense of being stretched beyond our capacity. For some of us, this time has both compounded and created traumas that we are only beginning to navigate.

In this experiential workshop, we will begin to explore where trauma-informed theory, dialogical theory and lived experience of trauma might meet, and where they might inform each other.

Within the relational approach of Open Dialogue we are interested in exploring what happens when it is painful and/or scary to be in relationship with each other - and how we can support one another to be in those challenging situations. We will explore the challenges and opportunities for bringing our (sometimes traumatised) relational selves into dialogues about, and within, trauma.

We will consider what Open Dialogue values and practices can offer in the context of working with trauma. How can this way of working support us to be with trauma in ourselves and the other? What additional considerations or understandings could support us, as Open Dialogue practitioners, in these spaces? How and where might we bring the voice of lived experience of trauma?

23 & 24 March 2022

08:00 - 16:00 GMT

Online (Zoom)

€275 / €175

€275 - Standard (attendees funded by statutory organisations, commercial organisations or large charities/NGOs)

€175 - Reduced (self-funding attendees and those funded by charities and NGOs who cannot afford the standard rate).

To increase access to our training we offer a limited number of scholarship places available on a '**Pay What You Can Afford**' basis. Please email for details.

Deadline for scholarship place applications is 28 Feb 2022.

We hope to share theories and practices that have supported us in the work, and to create a space for generative dialogues drawing on the experience and wisdom of trainees.

Who is this training for?

This training is open to people who have completed at least a 1 year foundation training in Open Dialogue.

You might want to consider this training if:

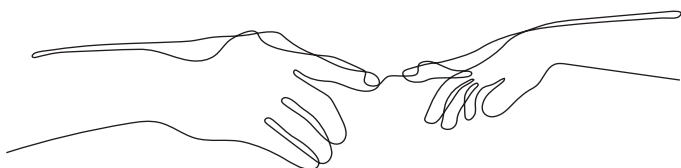
- You have an Open Dialogue / dialogic practice
- You are interested in exploring working with trauma using Open Dialogue
- You wish to further develop your dialogic skills in this area
- You would like to share and explore the interface of trauma and dialogue with likeminded international practitioners.
- You are curious about the voice of lived experience for Open Dialogue practitioners.

Rai and Iseult are both trauma survivors who are Open Dialogue practitioners. We will bring the lens of lived experience to the theory and practice of Open Dialogue as we have experienced it.

Further opportunities:

We are excited to offer this seminar as the first in a series of continuing professional development workshops for Open Dialogue / dialogical practitioners.

Please see our website or sign up to our mailing list http://eepurl.com/hR-A_X to hear about future opportunities.



Before applying, please read:

This training combines presentations, practice examples, experiential exercises and space for dialogue. It invites participants to share their experiences, thoughts and feelings with one another in small group exercises. However, it is not a therapy space and it is important that, if you need this, you have your own supports in place.

Please read the 'our approach to group learning' page on our website before applying and contact us if you have any questions.

About the trainers



Iseult is a Clinical Psychologist and Open Dialogue Trainer/Supervisor with added experience as a family member and a survivor of trauma. She is the Clinical Lead of the Irish Open Dialogue Implementation in West Cork, which she helped to set up in 2012. Iseult has taught and supervised on a range of Psychotherapy and Clinical Psychology Training at universities in Ireland and the UK. She has been involved in Open Dialogue training and supervision in the UK, Italy, Australia, Switzerland and Israel. Iseult is passionate about approaches to mental health that address collaborative and co-productive practice.



Rai is an Open Dialogue Practitioner and international trainer. She has created, established and managed innovative Hearing Voices Network-informed projects in a range of contexts, including youth, prison, forensic, inpatient and community. She has her own experience of hearing voices, psychosis, trauma, self-harm and hospitalisation, and blends knowledge gained through lived experience with that of practice and training. As a trainer, Rai has facilitated courses and workshops in many countries including USA, Bosnia, Serbia, Prague, Israel and Australia. Rai is current undertaking a PhD in survivor knowledge.