DIALOGUE (R)EVOLUTION & MIA KURTTI

Open(ing) Dialogues
2-day online international workshop

Option 1: 17 & 18 Feb 2022 (US/Canada/Europe ...)
Option 2: 31 March, 1, 7 & 8 April 2022 (Europe/Aus/NZ ...)

Exploring dialogical ways of working in mental health and social care

The need to be heard and responded to is fundamental to us as human beings. Yet many of us who work in mental health and social care services can easily recall times where those we have wished to help have left feeling unheard, disconnected and/or harmed.

Open Dialogue is an approach that originated in Western Lapland's mental health service. Within this approach the system, philosophy and practice have been developed to complement and support the nurturing of dialogue between people in crisis situations.

It has gained an increasing following across the world, with proponents being excited by its outcomes and the way in which it complements ethical, trauma-informed and human rights-based ways of working.

In June 2021, Open Dialogue was recognised as an exemplar of good practice by the World Health Organisation. Its key principles and elements are being adapted in various mental health and social care settings around the world.

In a multi-cultural society where there is no single way of understanding the world and our experience of it, these dialogical ways of working can offer a structure for both respecting our differences and fostering the connections and resources needed to survive and grow in challenging times.

This is an invitation to ...

✳ Explore what it means to be 'in dialogue' with others and what this might offer in our lives and work

✳ An embodied experience of dialogic relating – listening and responding to self and others in experiential exercises*

✳ Learn more about dialogic approaches to mental health and social crises, and some of the different ways these have been implemented around the world

✳ An opportunity to connect with others, creating collaborative communities

✳ A space where lived and professional voices and experiences are welcomed and can be explored.

This online workshop combines presentations, practice examples, experiential exercises* and space for dialogue.

*This workshop invites participants to explore their own lived experience with each other in small group exercises. If you have any questions around what this entails, please contact us before booking.

We welcome ...

This workshop is suitable for anyone interested in using these ideas and practices to support others, including those engaged in nursing, psychology, psychiatry, peer support, community development work, social care, occupational therapy, counselling and more.

To book, see: https://dialoguerevolution.com | **For info, email:** info@dialoguerevolution.com

Open(ing) Dialogues
2-day online international workshop

Dialogue (R)evolution & Mia Kurtti

DATES / TIMES

Option 1: 2-10pm GMT (e.g. 9-5pm in New York)
17 & 18 February 2022

Option 2: 7-11am GMT (e.g. 6-10pm in Melbourne)
31 March, 1, 7 & 8 April 2022

FEES

€275 - Standard (attendees funded by statutory, commercial or large charities/NGOs)
Equivalent to: £230 / $311 USD / $434 AUD / $460 NZD

€175 - Reduced (self-funding attendees, and those funded by smaller charities)
Equivalent to: £147 / $198 USD / $276 AUD / $293 NZD

A limited number of scholarships are available on a first-come first served basis. Those awarded scholarships can choose a fee that suits their circumstances (on a Pay What You Can Afford) basis. We also ask scholarship recipients to support the course in some way. **For more details, see: https://b.link/OD-scholarships.**

Terms & Conditions

Training forms part of our livelihood – enabling us to support ourselves and our loved ones. In order for us to continue to run open access courses it is important that attendees do their best to pay fees promptly.

We ask that all attendees pay the balance of their course fees at least 14 days in advance of the workshop by bank transfer.

However, if this is not possible please contact us at info@dialoguerevolution.com so that we can agree a way forward.

If you or your organisation require an invoice for payment it is your responsibility to ensure we have the correct details. You can provide these whilst booking your place, or by contacting us afterwards.

Please see our website for more information on our cancellation policy (**http://b.link/DR-terms**).
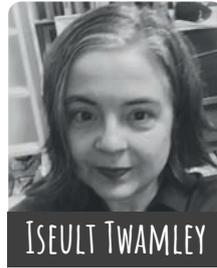
Iseult Twamley

Iseult is a Clinical Psychologist and Open Dialogue Trainer/Supervisor with added experience as a family member and a survivor of trauma. She is the Clinical Lead of the Irish Open Dialogue Implementation in West Cork, which she helped to set up in 2012. Iseult has taught and supervised on a range of Psychotherapy and Clinical Psychology Training at universities in Ireland and the UK. She has been involved in Open Dialogue training and supervision in the UK, Italy, Australia, Switzerland and Israel. Iseult is passionate about approaches to mental health that address collaborative and co-productive practice.

Mia Kurtti

Mia is a nurse, MSc, Family Therapy and Open Dialogue trainer and supervisor. She has been working in mental health services as a nurse in Western Lapland, Finland since 2002. She has also been a trainer on many international Open Dialogue/ Collaborative training programmes. One of Mia's aims in training is to open and expand the dialogue in a way that increases people's own creativity and resourcefulness. In her role as a trainer she is keen to emphasise and invite people who work in mental health settings to explore their own life narratives and the impact that these stories have on their current professional practice.

Rai Waddingham

Rai is an Open Dialogue Practitioner and international trainer. She has created, established and managed innovative Hearing Voices Network-informed projects in a range of contexts, including youth, prison, forensic, inpatient and community. She has her own experience of hearing voices, psychosis, trauma, self-harm and hospitalisation, and blends knowledge gained through lived experience with that of practice and training. As a trainer, Rai has facilitated courses and workshops in many countries including USA, Bosnia, Serbia, Prague, Israel and Australia. Rai is current undertaking a PhD in survivor knowledge.